

2007 First Steps Regional Meetings

Close to 450 participants attended the First Steps Regional meetings convened in Lacey, Spokane, Moses Lake, Burien and Lynnwood during November and December 2007.

The day's agenda included:

- An update on program policies, recommendations and requirements, presented by Jan Crayk, MSS Coordinator and Maureen Lally, ICM Program Manager.
- Two presentations, entitled *Access to Prenatal Care – Is there a Crisis?* and *Reaching the High Risk Pregnant Women* were developed by Laurie Cawthon, MD, MPH from the Division of Research and Data Analysis in DSHS. These presentations by Dr. Cawthon and Kristal Rust were catalysts for motivating group discussions and brainstorm opportunities during the Breakout sessions. For more First Steps data, you may access the it at <http://fortress.wa.gov/dshs/maa/firststeps/Administration/Admin.Index.htm>
- Dr. Kathryn Barnard rounded out the day by sharing a captivating video on postpartum psychosis and a presentation regarding perinatal depression. Dr. Barnard and Lana Conrad, also promoted a culturally appropriate online training, “Keys to Postpartum Depression”, which can be accessed via the SteppingUp website. <http://steppingup.washington.edu/>

The comments from the 3x5 cards are organized by topic and region and the table of contents should provide users an easy way to navigate the document and are accessible on the link entitled Meeting Feedback – Comment Cards.

The evaluations collected at the end of the day provide another means for attendees to review feedback by region and topic, and are accessible on the Evaluations link.

Coming Soon:

Data collected from the Breakout Sessions.

Watch for: Periodic postings to this page for answers to questions asked at the Regional meetings.

For more information about the meetings, please contact Kathi LLoyd at 360-236-3552.